Joint Meeting
Rizzoli Orthopaedic Institute | Humanitas University

INSTABILITY:
CURRENT CONCEPTS
AND NEW FRONTIERS

10th – 11th
September 2019

PRE-FINAL
PROGRAMME
INSTABILITY: CURRENT CONCEPTS AND NEW FRONTIERS

The Rizzoli Advanced Elbow Course, started in 2007, has come to the 7th edition.

The new course will be held in September 10th 2019 at the Istituto Ortopedico Rizzoli in Bologna and will address the topic of elbow instability. Once again Professor Shawn O’Driscoll from the Mayo Clinic (USA) will honor the Course with his participation as Co-Director. The faculty of the Course will be completed by nationally and internationally known leading experts.

The aim of the Course is to illustrate the Current Concepts and The New Frontiers in the diagnosis and treatment of Elbow Instabilities. Through room presentations and recorded-surgeries, the Course will stimulate an interactive discussion between faculty and participants, to compare the different personal experience, believes and intuitions.

The day after, with the cooperation of Professor Alessandro Castagna and his team, for the first time, the Rizzoli Elbow Course will be continued in Humanitas University (Milano) with a Cadaver-Lab Course, where the participants will have the opportunity to implement the concepts and knowledges they have learned the day before in Bologna.

The Course is structured to allow all of us to be more confident in treating Instability Elbow cases and to improve function and quality of life of our patients.

Roberto Rotini
Approved and Recommended by:

- ESSKA
- ISAKOS
- OTODI Ortopedici Traumatologi Ospedalieri d'Italia
- SECEC - ESSSE Société Européenne pour la Chirurgie de l’Épaule et du Coude European Society for Surgery of the Shoulder and the Elbow
- SIOT Società Italiana di Ortopedia e Traumatologia
- SIGASCOT Società Italiana: Ginocchio - Artrosopia - Sport - Cartilagine - Tecnologie - Ortopediche
- SICSeG Società Italiana della Spalla e del Gomito
- MedTech Compliant EM15713
CONGRESS VENUE
Bologna - Research Center Codivilla - Putti - Rizzoli Orthopaedic Institute
Via di Barbiano 1/10 - Bologna, Italy

ATTENDEES
N° 100 delegates - Registration fee € 200,00 + IVA

ECM - Educazione Continua in Medicina (for the Italian participants only)
L’evento sarà accreditato ECM da Provider Consorzio MED3 per Medico Chirurgo,
discipline: Ortopedia e Traumatologia e Fisiatria

COURSE DIRECTORS
Roberto Rotini, MD
IRCCS Rizzoli Orthopaedic Institute, Bologna, Italy

Shawn O’Driscol, MD PhD
Mayo Clinic — Rochester, MN, USA
08.00 Registration
08.30 Welcome and Greetings from Authorities
08.45 ECM SESSION

OVERVIEW
(CURRENT CONCEPTS: ANATOMY AND BIOMECHANICS)

_Moderators: A. Castagna, M. Fontana, A. Ritali_
08.45 The elbow constrictors and instability classifications R. Rotini
09.15 Does the instability run from the elbow to the wrist? S. O’Driscoll
09.45 Discussion

CURRENT CONCEPT: TREATMENT

_Moderators: F. Castoldi, S. Pfanner, G. Vicenti_
10.00 Acute Simple M. Cavallo
10.15 Recurrent Simple A. Celli
10.30 Persistent Simple S. O’Driscoll
10.45 Discussion
11.00 Coffee

_Moderators: E. Bellato, A. Miti, L. Pederzini_
11.30 Acute Complex E. Guerra
11.45 Recurrent Complex A. Marinelli
12.00 Persistent Complex S. O’Driscoll
12.15 Discussion

12.30 TAKE HOME MESSAGES

_Moderators: R. Rotini_
_Participants: S. Antuña, B. Battiston, E. Sabetta, D. Tigani_
13:00
SYMPOSIA

RADIAL HEAD PROSTHESIS: LOOSE - PRESS FIT? SALA 1
Moderator: R. Rotini
Participants: S. Antuña, G. Merolla, A. Mitri, A. Pizzoli, R. Russo, P. Tos

UPDATE IN ARTHROSCOPIC PROCEDURES: SALA 2
Moderator: E. Guerra
Participants: P. Arrigoni, D. Blonna, A. Colozza, S. Nicoletti, L. Pederzini, P. Rolla

DIFFICULT ELBOW FRACTURES: PEARLS AND PITFALLS SALA 3
Moderator: A. Marinelli
LECTURE: The best elbow trauma paper: 15 ys later S. O’Driscoll
Participants: C. Ascani, P. Bigazzi, A. Celli, G. Porcellini, A. Sard

During symposia, lunch box will be served

Afternoon:

Moderators: S. Antuña, E. Guerra
14.30 RELIVE SURGERIES S. O’Driscoll
15.30 Discussion

NEW FRONTIERS

Moderators: F. Castoldi, G. Porcellini, S. Stilli
16.00 Irreducible anterior radial head dislocation in children S. O’Driscoll
16.20 BONE LOSS TREATMENT Clinical Cases L. Pederzini, R. Rotini, R. Russo
17.00 Discussion

Moderators: R. Rotini, M. P. Landini
17.10 The elbow: new frontiers and research direction S. O’Driscoll
17.30 Discussion
17.45 Interactive learning evaluation with a final discussion useful for filling out the ECM questionnaire which should be completed on line within 3 days of the end of the course

18:00 End of the Congress
HUMANITAS ELBOW CADAVER LAB

Wednesday, September 11th 2019

CONGRESS VENUE
Humanitas University
Via Rita Levi Montalcini 4 - Pieve Emanuele (Milano), Italy

ATTENDEES
Registration Fee | €600,00 + IVA
- GROUP A: “Arthrosopic techniques and total elbow prosthesis” n° 9 delegates
- GROUP B: “Open techniques and fractures fixation” n° 9 delegates

Participants will be selected by the Course Directors
The professional curriculum, scientific studies, publications and surgical experience of the candidate will be taken into consideration

COURSE DIRECTORS:
Alessandro Castagna, MD
IRCCS Humanitas University
Rozzano, MI, Italy

Roberto Rotini, MD
IRCCS Rizzoli Orthopaedic Institute
Bologna, Italy

TUTORS
Paolo Arrigoni (Milano)
Giacomo Delle Rose (Milano)
Enrico Guerra (Bologna)
Alessandro Marinelli (Bologna)
09.30 - 12.00  CADAVER LAB

GROUP A - ARTHROSCOPIC TECHNIQUES AND TOTAL ELBOW PROSTHESIS IMPLANTATION
TUTORS: E. Guerra, P. Arrigoni

09.30  INSTABILITY - ARTHROSCOPY
- Capsulo-ligament repair (plication/anchor)
- Arthroscopic fractures fixation

11.00  Reconstruction - REPLACEMENT
- Total Elbow Arthroplasty

GROUP B - OPEN TECHNIQUES AND FRACTURES FIXATION
TUTORS: A. Marinelli, G. Delle Rose

09.30  FIXATION - OPEN
- Distal Humerus fracture: plate fixation
- Radial Head fracture: screw and plate fixation
- Radial head fracture: replacement
- Coronoid and olecranon fractures: plate fixation

12.00  MEETING ROOM
13.00  Lecture and Clinical Cases

13.00  End of the Course
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ACKNOWLEDGMENTS

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