

AO Trauma Webinar— Planning and decision-making in complex pilon fractures

26 January, 2023

Event overview

Tibial plafond, or pilon, fractures can be some of the most difficult fractures to manage. As they are often associated with high-energy trauma, both the metaphyseal and articular involvement pose challenges to fixation. Furthermore, they occur in an area of relatively poor soft tissue coverage and frequently present a surgical challenge in deciding which incisions will be best for performing open reduction internal fixation. In this webinar the “Goals” of the surgical treatment and the strategies to achieve them will be discussed, focusing on the decision-making that lies behind the pre-operative planning.

Learning objectives

At the end of this webinar, participants should be able to:

- Recognize the importance of a staged protocol in pilon fractures
- Describe an overview of different approaches to the distal tibia/fibula and their indications
- Define the “goals” of the surgical treatment of the pilon fractures
- Recognize all the “variables” that should be considered while making a correct pre-operative planification.
- Define the operative steps to reduce and internally fix a type C fracture

Faculty



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Language

Language 1: Italian

Language 2: English



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